

Induction Program for Humanised Healthcare – Health Practitioners’ Toolkit for Trauma-Informed Care, Emotion Handling Skills and Workplace Wellbeing

2 DAY WORKSHOP OPPORTUNITY: 13-14/06/24 or 28-29/11/24

Research shows that health care professionals experience less burnout and stress in their work when they feel more confident in responding to their patients’ distress. Evidence also suggests that patients experience better outcomes when they receive empathy and ‘emotional resonance’ from their health care providers. Developing your confidence and competence in responding to patient distress and in emotion-handling skills can increase your job satisfaction and well-being as well as promote optimal patient recovery. This 2-day workshop offers you a practical, evidence-based toolkit necessary to build that confidence and competence.



Designed For:

Health professionals working with patients who have experienced injuries or other forms of trauma, such as medical, nursing, and allied health service providers working in critical care, acute, sub-acute and community-based rehab settings.

Learning Outcomes:

At the conclusion of the workshop, participants will be able to:

- recognise the empirical impacts that trauma work can have on clinician wellbeing
- develop a toolkit for optimised worker wellbeing and trauma resilience
- have a practical understanding of recent legislation relating to managing psychosocial hazards in the workplace and its relevance for clinical practice settings
- apply Trauma-Informed Care principles in the ‘real world’ of contemporary healthcare challenges
- leave with a practical toolkit for ‘emotion handling’ skills, supporting patients experiencing grief and loss, and engaging patients presenting with challenging behaviours including agitation and treatment avoidance.

Presenter Profile: Dr Martha Druery, PhD, Affil.MAPS, BSW(Hons), BA(Psych)

Dr Martha Druery worked as a Social Work Specialist in critical care and trauma hospital settings in Queensland for 18 years, has run a group private practice providing adjustment to injury counselling and traumatic bereavement therapy for 10 years at Lumos Trauma Institute and completed doctoral research in the field of post-injury Health-Related Quality of Life outcomes. She is an Honorary Research Fellow at the University of Queensland Centre for Clinical Research, currently investigating various aspects of post-injury recovery in collaboration with the Jamieson Trauma Institute. She has provided both in-person and online training for several years on ‘Trauma-Informed Care’ and ‘Grief and Loss’ to social workers, counsellors, allied health staff and injury lawyers in Australia and internationally. She began hosting in-person retreats in Brisbane for health professionals in 2022, focused on maximising wellbeing and preventing burnout in this post-COVID epoch.

Workshop Information:

Dates: Thursday-Friday, 13-14/06/24 or 28-29/11/24
Time: 9 am – 4.30pm (registration from 8.30am)
Location: Mary Emelia Mayne Room, University of Queensland Medical School
288 Herston Road, Herston
Cost: \$880 (incl gst)
Registration: Closing date TBA
Email bookings@lumotrauma.com to register.